

HICKORY KNOB
STATE RESORT PARK
MCCORMICK, SC



For more information and driving directions:
<http://hickoryknowresort.com>



WINSHAPE RETREAT
Rome, GA

For more information and driving directions:
<http://winshape.inovaone.com>



Marriage Enrichment Retreats
2012-2013

Oct. 26-28 2012	Charleston
Nov. 30-Dec. 2 2012	Blinded Vets Only
Feb. 15-18 2013	Spinal Cord Injured Vets Only
Mar. 15-17, 2013	Rome, GA
April 26-28, 2013	McCormick, SC
Aug. 16-18, 2013	Rome, GA
Sept. 6-8, 2013	McCormick, SC

**Locations subject to change*
"Registration does NOT guarantee acceptance on our part. Each couple MUST first be screened by an appropriate VA provider and determined to be ready for the intense subject matter of our retreats.

Registration must be postmarked no later than 10 days prior to the retreat start date.

Please mail completed form to:
Charlie Norwood VA Medical Center
Chaplain Service-125U
1 Freedom Way
Augusta, Georgia 30904-6285

Phone: (706) 733-0188, ext. 6172/6118

Or Fax completed registration to (706) 481-6761

Charlie Norwood
VA Medical Center



GETTING
IT BACK

Reclaiming Your
Relationship

VISN 7
Marriage Enrichment Retreats
2012-2013

*Open to all Veterans,
National Guard and Reserve*



1 Freedom Way
Augusta, Georgia 30904-6285
www.augusta.va.gov

GETTING IT BACK

Reclaiming Your Relationship

How many times have you heard the statement, "Marriage is work?" That is true but marriage should also be fun, enriching and collaborative, with empathy and compassion in our communications, emotional openness and physical closeness that help us bond with the one whom we have chosen to live out the rest of our lives! For some couples, they knew these things once upon a time but the challenges of relationship, work, family and others have led them to drift away from these important skills and they want to hone these skills. For others, they never knew how to "do it right" and have struggled to maintain their relationship through all the challenges of married life. Still others may be feeling so stressed and strained they cannot even imagine being married to their partner any longer.

Whether you are looking to simply improve your skills or are truly desperate for help, we offer a transformational weekend retreat where we will teach you evidence-based skills around conflict resolution, emotional literacy, communication, and intimacy that can give you the things you seek to get back the marriage you desire.

At **NO COST TO YOU**, the Charlie Norwood VA Medical Center, together with the VA VISN 7 leadership are sponsoring marriage enrichment retreats throughout the year in Georgia and South Carolina that have proven to strengthen and restore the communication and bonding so essential to a healthy marriage. These retreats are facilitated by experts acknowledged for their success in guiding couples and families like you to a healthier way of living and loving.



Cut on dotted line.

REGISTRATION

Marriage Enrichment Retreats 2012-2013

Please indicate by placing an X in the box next to the dates of the retreat you wish to attend:

- Oct. 26-28 2012 Charleston
- Nov. 30-Dec 2 2012 Blinded Vets Only
- Feb. 15-18 2013 Spinal Cord Injured Vets Only
- Mar. 15-17, 2013 Rome, GA
- April 26-28, 2013 McCormick, SC
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- Sept. 6-8, 2013 McCormick, SC

Please indicate by placing an X if you have any dietary restrictions or if you have special accommodation needs. Please explain;

Names: _____

Address: _____

Phone: _____

Alternate phone: _____

Email: _____

Alternate email: _____

Signature: _____

At what VA center do you receive care?

Name of your primary care provider?
