

HICKORY KNOB  
STATE RESORT PARK  
MCCORMICK, SC



For more information and driving directions:  
<http://hickoryknowresort.com>



WINSHAPE RETREAT  
Rome, GA

For more information and driving directions:  
<http://winshape.inovaone.com>



Marriage Enrichment Retreats  
2013

May 31 – June 2 McCormick, SC  
August 16 – 18 Rome, GA  
September 6-8 McCormick, SC  
November 1-3 McCormick, SC  
December 6-8 Charleston, SC

*\*Locations subject to change*  
Registration does NOT guarantee acceptance on our part. Each couple MUST first be screened by an appropriate VA provider and determined to be ready for the intense subject matter of our retreats.

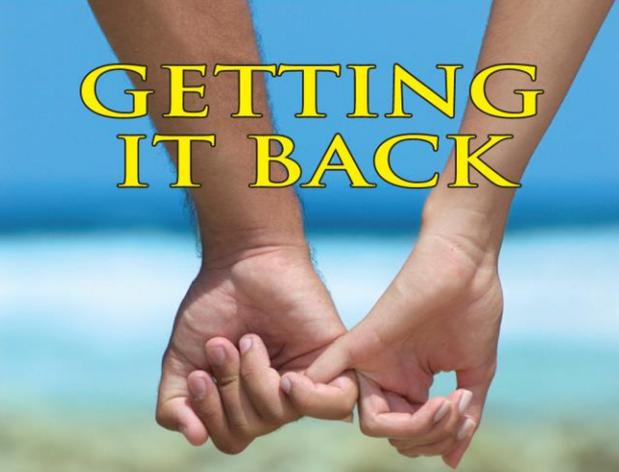
Registration must be postmarked no later than 10 days prior to the retreat start date.

Please mail completed form to:  
Charlie Norwood VA Medical Center  
Chaplain Service-125U  
1 Freedom Way

Augusta, Georgia 30904-6285  
Phone: (706) 733-0188, ext. 6172/6118

Or Fax completed registration to (706) 481-6761

Charlie Norwood  
VA Medical Center



GETTING  
IT BACK

Reclaiming Your  
Relationship

VISN 7  
Marriage Enrichment Retreats  
2012

*Open to all Veterans, Active Duty,  
National Guard and Reserve*



1 Freedom Way  
Augusta, Georgia 30904-6285  
[www.augusta.va.gov](http://www.augusta.va.gov)

# GETTING IT BACK

## Reclaiming Your Relationship

How many times have you heard the statement, "Marriage is work?" That is true but marriage should also be fun, enriching and collaborative, with empathy and compassion in our communications, emotional openness and physical closeness that help us bond with the one whom we have chosen to live out the rest of our lives! For some couples, they knew these things once upon a time but the challenges of relationship, work, family and others have led them to drift away from these important skills and they want to hone these skills. For others, they never knew how to "do it right" and have struggled to maintain their relationship through all the challenges of married life. Still others may be feeling so stressed and strained they cannot even imagine being married to their partner any longer.

Whether you are looking to simply improve your skills or are truly desperate for help, we offer a transformational weekend retreat where we will teach you evidence-based skills around conflict resolution, emotional literacy, communication, and intimacy that can give you the things you seek to get back the marriage you desire.

At **NO COST TO YOU**, the Charlie Norwood VA Medical Center, together with the VA VISN 7 leadership are sponsoring marriage enrichment retreats throughout the year in Georgia and South Carolina that have proven to strengthen and restore the communication and bonding so essential to a healthy marriage. These retreats are facilitated by experts acknowledged for their success in guiding couples and families like you to a healthier way of living and loving.



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# REGISTRATION

## Marriage Enrichment Retreats 2013

Please indicate by placing an X in the box next to the dates of the retreat you wish to attend:

- May 31 – June 2 McCormick, SC
- August 16 – 18 Rome, GA
- September 6-8 McCormick, SC
- November 1-3 McCormick, SC
- December 6-8 Charleston, SC

**Fax completed registration to (706) 481-6761**

Please indicate by placing an X if you have special accommodation needs.

Names: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Alternate phone: \_\_\_\_\_

Email: \_\_\_\_\_

Alternate email: \_\_\_\_\_

Veteran Signature: \_\_\_\_\_

Spouse Signature: \_\_\_\_\_

At what VA center do you receive care? \_\_\_\_\_

Name of your primary care provider? \_\_\_\_\_